

Coffee Morning

About the group

Our coffee mornings aim to provide social, psychological, spiritual and practical support to you and your spouse, carer or significant other if you've been diagnosed with a life-limiting illness. Each group will be attended by a small number of people; this may include both patients and a family member, friend or carer. The group runs from 10 a.m. till noon on a Thursday morning. It is up to you to decide how long or often you wish to attend.

What is covered?

Our coffee mornings offer an opportunity to get support in a more relaxed, casual environment. If you wish, you will be able to speak to a nurse, occupational therapist or chaplain, and you or your significant other can pre-book a complimentary therapy session in our Wellbeing Centre. Our chaplaincy service also offers a quiet time for reflection in the chapel from 12-12:30 p.m.

As part of the coffee morning, we will help you be proactive in managing your quality of life through the early identification of specialist palliative needs. We aim to empower you to seek help and advice that will allow you to manage your own health.

Who can access the group?

This group is available for people in the Weston Hospicecare catchment area who have an incurable, life-limiting illness. If you're interested in the above services, or if you've finished your Day Hospice sessions but would benefit from ongoing support from the hospice, our coffee mornings might be of benefit to you.

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How can I access the group?

If you have a Hospice Community Nurse Specialist, they can refer you. If not, we also accept referrals from GPs, district nurses, specialist nurses, community allied health professionals and hospital teams.

You must be able to transport yourself to and from the sessions, but in exceptional circumstances, we may be able to provide transport. You must also be responsible for your own oxygen provision.

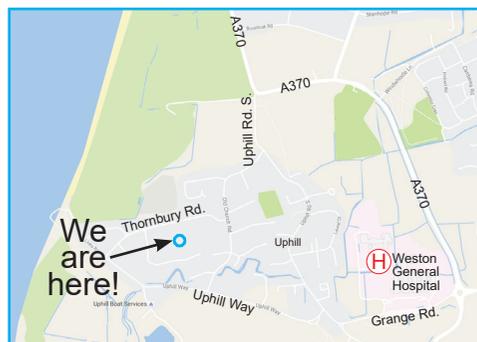
For more information

For more information, please contact the hospice on 01934 423 900.

How to find us

Follow the signs for Uphill, then look for the white signs that say Weston Hospicecare. We're opposite Westhaven School.

You may be able to find a parking spot in our parking lot, or there are spaces available on nearby roads.



The group will be held in our Day Hospice. If you're attending the group, please go directly to our main reception area, where someone will greet you.

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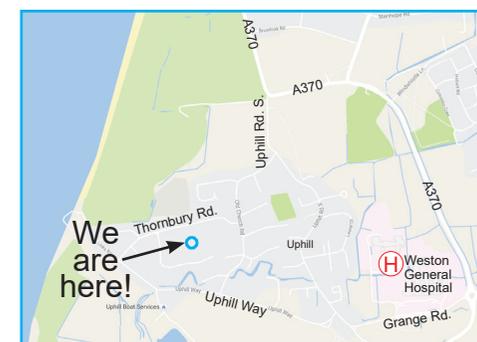
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