



## Frequently Asked Questions

**What is the Mendip Challenge?** The Mendip Challenge an exciting sponsored event for those looking to have fun, challenge themselves and raise money for Weston Hospicecare. The routes - 30 miles, 20 miles and 10 miles - are open to all individuals, teams, families and dogs and take you along the West Mendip Way in the Somerset hills!

**How much is it?** The event is just £15 for adults and £10 for children

**Where does it start?** Everyone is required to register and de-register at Weston Cricket Club, Devonshire Road, BS23 4NY and a coach will drop you to the starting point for your distance.

- 30 miles: Wells
- 20 miles: Draycott
- 10 miles: Winscombe

**When?** Sunday 2<sup>nd</sup> June, registration and start times for each distance are below:

| Distance | Registrations Opens | Coach Leaves |
|----------|---------------------|--------------|
| 30 miles | 6am – 6:40am        | 7am          |
| 20 miles | 8am – 8:40am        | 9am          |
| 10 miles | 11am – 11:40am      | 12pm         |

**What do I get for the registration fee?**

- Entry to the walk
- Free coach to each start point back walkers, support vehicles, marshalled checkpoints and first aid
- A finisher's medal
- Entry to the post-event party, where you can buy food, drink and relax whilst enjoying live music

**What distance should I do?**

|   | Difficulty Level  | Description  |
|---|---|--|
|   <b>10 Miles</b> |  | <b>Moderate</b><br>Demanding with hills generally on tracks, paths or fields. Can be completed with some walking experience.   |
|  <b>20 Miles</b>   |  | <b>Strenuous</b><br>Longer distances and more hills with rougher terrain. Training advised.  |
|  <b>30 Miles</b>   |  | <b>Challenging</b><br>Steeper hills over rough terrain. Training strongly advised for this distance. Suggested minimum age: 14 years, with previous walking experience |

We strongly advise you to choose a distance you can achieve by the cut off time of 8pm. A training guide will be available prior to the event to help prepare for the walk distances.

**What is the minimum age?** The suggested minimum age for participants walking 30 miles is 14 years old with previous walking experience. Anyone aged under 18 years old must be accompanied by an adult who is also taking part in the event.

**What is the deadline for registration?** The deadline for registration is **Sunday, 26<sup>th</sup> May. You must be registered by 23:59pm on the Sunday.** If there are places left, it may be possible to sign up on the day, but please note registration fees will be increased.

**Are dogs allowed?** We welcome our 4 legged friends to take part in the Mendip Challenge, there will be designated coaches for participants with dogs. This year we are pleased to announce that dogs are welcome to join us at Weston Cricket Club for the after party.

**Is bag storage available?** No, there will not be bag storage available at the event.

**Are there toilets on site?** Yes; there will be toilets at Weston Cricket Club as well as at various checkpoints along the route; Draycott, Tynings and Loxton.

**How much do I have to fundraise?** The entry fee only covers the cost of organising the event. ***We ask you to raise as much money as possible to support the work of Weston Hospicecare.*** It is your sponsorship and fundraising efforts that go to the hospice, helping us care for local people affected by cancer and other life-limiting illnesses.

**What happens after I have registered for the event?** After you have registered, you will receive your confirmation email and final event details will be sent to you via email prior to the event. In an effort to keep our costs low and reduce our impact on the environment, we ask that all our participants download the sponsorship form(s), T&Cs and other event information from the website. We will then send you a reminder email the week leading up to the event with important information about the day.

**Is it only possible to register online?** If you do not have access to the internet, just call 01934 423960.

**What should I wear?** Remember that you are potentially going to be walking or running for many hours and weather conditions can change (particularly on the hills) very quickly. Wearing layers of clothing that can gradually be removed or replaced as your body temperature changes will help. A good set up might be a t-shirt, sweatshirt, fleece, waterproof coat. Wearing longer trousers will reduce the potential spread of ticks. A hat is an important part of your clothing as it will protect you from the sun in good weather and reduce the large amount of body heat which is lost in cold weather.

**Where can I park?** There is parking available at the Cricket Club and the nearby roads. However with more than 900 participants expected on the day please car-share, use public transport or catch a lift where possible. The nearest bus route is the number 7, which drops you right outside Weston Cricket Club. A parking map will be emailed out nearer to the time, please allow plenty of time to park before registering.

**What if it rains?** In the event of extreme bad weather, we would consider cancelling the event. For the most up-to-date information on this matter, or on the Mendip Challenge in general, please visit this website or our Twitter and Facebook pages. So, even if you think the weather is bad on the day, do come along unless you hear from us.

**Closing date for registrations is Sunday, 26<sup>th</sup> May at 23:59pm**

