

Bereavement and Emotional Support during the period of Social Isolation and Social Distancing

In the light of all recent government guidance and directives ALL emotional support and counselling can now only take place remotely.

This can be via phone calls and a limited amount of video counselling support with one of the counsellors on the team. And as you will be aware ALL support groups have had to be suspended at this time as well.

All those currently receiving one-to-one support from a member of the team at the hospice will already have, or will be contacted, by the person supporting them. We will then agree with you how we can continue to support you at this time and how frequently.

We will also respond as best we can to any new requests for support from patients and their families.

We are very aware that the need for support has not reduced, and may well have increased with ongoing concerns and uncertainties.

We want you to know that the Family Support Team is very much still 'here' for you and we thank you for your patience.

If you would like to discuss any of the above please contact me. My email address is <u>mary.thomas@westonhospicecare.org.uk</u> or call the hospice on 01934 423900 and I will return your call.

Mary Thomas Bereavement Service Manager 25/03/2020