



# Weston Hospicecare

## WESTON HOSPICECARE COMPANION SERVICE

During these difficult times, we understand that many of our patients, their carers and families will be living in social isolation. Some may have been asked by their GP and the government to isolate for 12 weeks, to better protect themselves.

This is often difficult to cope with, especially when people have previously been active in their communities, or used to going out socially.

Our companion service currently offers weekly telephone contact to anyone who would welcome the opportunity to have a conversation with someone outside of their household.

The conversation need not be about your health or your loved one's health, and is simply an opportunity to talk to somebody different – about how you are feeling, your interests, what's on TV or even the weather!

If you feel that you, or a member of your household, would benefit from the opportunity to chat to one of our companion volunteers on the telephone, please do get in touch by telephone – 01934 423900 or e-mail to:

[companion.admin@westonhospicecare.org.uk](mailto:companion.admin@westonhospicecare.org.uk).

Jen Wakefield – Family Support Team Manager