



## A weekly Act of Commemoration for Somerset

Based on the 4 elements of fire, air, earth and water

The Chaplains for Community and Mental Health are inviting you  
to join a weekly commemoration.

We are remembering all who have died or been bereaved in Somerset  
and pay tribute to our NHS colleagues who have died during the current pandemic.

**We will be meeting every Thursday from 13.00 – 13.15.**

To join, please use Zoom:

<https://zoom.us/j/93074997866?pwd=Ni9GUzhvb3BhZy9VMXUyN0J4eIZXZz09>

Meeting ID: 930 7499 7866

Password: 2DcZfy

You are invited to quietly reflect or bring with you the following items to join in:

- An electric candle (or a real one if you are able to light this safely)
- A shawl, blanket or coat
- A flower (paper or real), or a pot plant
- A container of water you can pour from

## Coffee Break



Following the Commemorative Act, we will host a coffee break so that you can meet others who have joined.

For the Coffee Break Group, use Zoom Code:

Join Zoom Meeting

<https://zoom.us/j/91408129871?pwd=eXowMW1SSXJRTFRZR2hHTDFRdmdxQT09>

Meeting ID: 914 0812 9871

Password: 3p9Fe4

We will be meeting from 13.15 – 13.45.



Kindness is making someone smile, if only for a moment.