

# RUGBY RAMBLE

## FAQS 2024

**What is the Rugby Ramble?** The Rugby Ramble is a 10 mile sponsored walk, formerly known as Men's March! On your return, you will be welcomed back with a pasty and cold pint of Thatchers as you enjoy England's Six Nations game against Ireland.

**How much is it?** It's £20 for adults and £13 for children.

**Where does it start?** The event starts and finishes at The Grand Pier, Weston-super-Mare, BS23 1AL. The route takes you along the promenade and through Weston woods, along Sand Bay and up to Sand Point to take in the stunning views before returning to celebrate at the Grand Pier. This is approximately 10 miles.

**When?** Saturday 9 March. Registrations open at 11am and walkers will set off at 12pm sharp. The Six Nations match will start at 4.45pm.

**What do I get for the registration fee?**

- Entry to the 10 mile walk
- Free pasty and pint of Thatchers Gold\*
- Watch the Six Nations match live on a big screen at The Grand Pier
- Souvenir Rugby Ramble pint glass
- Back walkers, support vehicles, marshals and first aid cover

\*soft drink provided for anyone under the age of 18

**What is the minimum age?** There is no minimum age limit to take part in the event. Anyone under the age of 18 must be accompanied by an adult, who is also taking part in the event.

**What is the deadline for registration?** The deadline for registration is **11:59pm Sunday 3 March 2024**. If there are places left, it may be possible to sign up on the day, but please note registration fees may be increased on the day.

**Can women do the walk?** Yes, if women and children wish to take part, they are very welcome to do so.

**Is bag storage available?** No, there will not be bag storage available at the event.

**Are there toilets on site?** Yes; there will be toilets at The Grand Pier. There are also public toilets in Sand Bay, approx. halfway along the beach; please note you will need 30p to use these toilets.

**How much do I have to fundraise?** **There is no minimum sponsorship, so we simply ask you to raise as much money as possible to support the work of Weston Hospicecare.** The entry fee only covers the cost of organising the event - it is your sponsorship and fundraising efforts that go to the hospice, helping us care for local people affected by cancer and other life-limiting illnesses. We suggest you aim for £100 minimum at which point you'll get a free Weston Hospicecare t-shirt which can be collected on the day.

**What happens after I have registered for the walk?** After you have registered, you will receive your confirmation email and final event details will be sent to you via email prior to the event.

**Is it only possible to register online?** If you do not have access to the internet, just call 01934 423900 and ask to speak to the events team.

**Is there wheelchair access?** Sections of the route are in Weston Woods and up on Sand Point, therefore are not suitable for wheelchairs.

**What should I wear?** Please wear appropriate clothing for the weather. Wearing layers of clothing that can gradually be removed or replaced as your body temperature changes will help. A good setup might be a t-shirt, sweatshirt, fleece, and waterproof coat. A hat is an important part of your clothing as it will protect you from the sun in good weather and reduce the large amount of body heat that is lost in cold weather.

**Where can I park/how do I get there?** There is parking available along Marine Parade, please note car parking charges apply. There is also parking available on nearby roads. With more than 300 people expected on the day, please car share or walk if possible, and leave plenty of time to register.

**What if it rains?** In the event of extreme bad weather, we would consider cancelling the event. For the most up-to-date information on this matter, or on the Rugby Ramble in general, please visit this website or our social media pages. So, even if you think the weather is bad on the day, do come along unless you hear from us.

**Closing date for registrations is Sunday 3 March at 11:59pm**